

Kera sit2sit - Quick Guide

Full training is required before using the Kera sit2sit for the first time. For full instructions refer to Owner's Manual or visit htsystems.co.nz

Safe Working Limit is stated on the Caregiver Handle: 120kg or 80kg

1 Backstrap

Position the Backstrap in the lower back. Bring straps under the User's arms and rest over their forearms.



2 Knees and brake

Position the Chestpad just above thighs. Lift the feet on. Push the Kera towards the User until their knees are touching Knee Supports. Engage the wheel brakes.



3 Chestpad to stomach and lap

Pull index pin up and push the Chestpad forward until it presses firmly on the User's stomach, release pin.

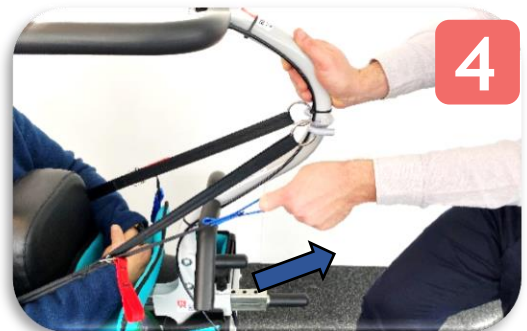
Squeeze the Lock Lever and push the Caregiver Handle forward to ensure the Chestpad presses onto User's thighs.



4 Straps - as tight as possible!

Hook the silver rings onto the hooks on handle. Pull blue tabs evenly and then pull as tight as possible as shown.

& If using Footbox Straps or Thighstrap, secure them now.



5 Lift, Transfer, Lower

Squeeze and hold the Lock Lever. In one smooth motion, lift the User all the way forward, until the handle reaches its stopping point, and the User is resting forward on their front. Release the Lock Lever.

Unlock wheel brakes and move the User to next seat, aligning back of heels with front of seat cushion or 10cm gap behind calves. Lock the wheel brakes before lowering.

Squeeze and hold the Lock Lever and carefully lower the User down until they are completely seated.

Pull red tabs toward the User to loosen straps.



Kera FAQ's and tips

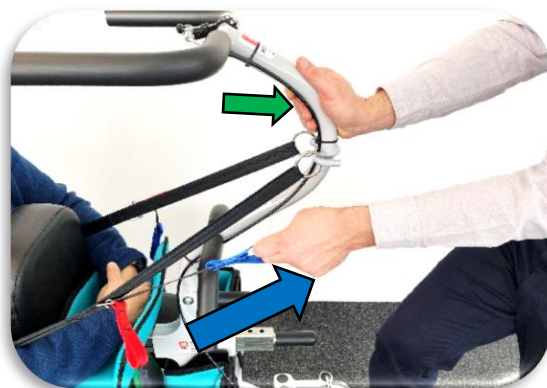
? How tight do I need to do the straps?

As tight as possible while still comfortable.

If the straps are too loose, the Chestpad will slide up the user's front as you begin to lift them.

Tip: Tighten one strap at a time. Take a grip on the Caregiver Handle with one hand, pull blue tap with other hand, in line with the straps.

Adding the Thighstrap accessory can allow reduced strap tightness and improve the User's comfort of the lift.



? How far forward do I need to bring the user?

All the way forward until the handle is at your waist and the User is in a stable position.

The further forward the User is, the less they will feel like they might slip down the Chestpad as their weight will be resting on the Chestpad rather than the Backstrap holding them up.



? The Backstrap begins to slip up their back and/or the user feels too hunched over

Start with the Backstrap fitted low on the back and make sure the straps are as tight as possible.

Try pushing the Chestpad into the User's stomach by one or two more holes in Step 3 (over page). This technique will result in the user less hunched over when they are forward and the Backstrap shouldn't slip up as much during lifting.



See all training and trick tips videos at htsystems.co.nz/learn



✓ Pre-use and setup checklist:

- ☐ Safe path and destination
- ☐ No visible faults with the Kera sit2sit
- ☐ Wheels roll freely
- ☐ Chestpad can move smoothly and lock, and is initially all the way toward the caregiver
- ☐ Caregiver Handle locks and the Chestpad height is just above the User's knees
- ☐ The Kera sit2sit legs can splay open to fit around user's chair

For assistance, training, or accessories contact:



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